

***FUNDED**

UNDERSTANDING MENTAL HEALTH FIRST AID AND MENTAL HEALTH ADVOCACY IN THE WORKPLACE SKILLS BOOTCAMP



SKILLS MAX ACADEMY

Level 2 Certificate in Understanding Mental Health First Aid and Mental Health Advocacy in the Workplace

*Subject to status & eligibility criteria



FUNDING THROUGH SKILLS BOOT CAMP

Location: **Essex**

OVERVIEW

The purpose of this qualification is to give learners the skills to support colleagues with mental health problems. These skills will be gained by increasing the learner's knowledge and understanding of mental health conditions and the principles of mental health first aid and how this can be implemented in the workplace.

This qualification is designed for learners who wish to raise awareness of mental health, creating a culture of care and the promotion of positive mental health. This qualification gives learners the opportunity to understand mental health, its associated care and how this can be applied to learners or colleagues in the workplace.

Workers within a wide range of public service roles may interact with those with mental health issues and support needs in their day-to-day work across a number of sectors.



TOPICS INCLUDE

- Exploring Mental Health
- Understand how to support individuals with mental ill health
- Understand a mentally healthy environment

ENTRY REQUIREMENTS

There are no specific prior skills/knowledge a learner must have for this qualification; however, learners should be aged 19 or above to undertake this qualification.

QUALIFICATION

- **Level 2 Certificate in Understanding Mental Health First Aid and Mental Health Advocacy in the Workplace**

METHOD OF DELIVERY

- Blended Learning

METHOD OF ASSESSMENT

- Written Assessment/Portfolio

DURATION

60 Hours

ATTENDANCE OPTIONS

Days, Evenings, Weekends

ELIGIBILITY CRITERIA



YOU MUST..

- Be aged 19 or over
- Be employed or self-employed
- You must live in Essex
- Have the right to work in the UK

EMPLOYED

Employers must demonstrate one or more of the following positive impacts would be applicable at the end of the training:

- Advancement in pay or salary as a result of the training
- Offer of a new job or apprenticeship
- Increased opportunities or contracts for the company
- More responsibilities
- Promotion or enhancement in current role

SELF EMPLOYED

If you are self-employed, you could still be eligible for funding if you demonstrate that there would be an increase in services offer at the end of the Bootcamp training.

SELF-REFERRAL

If you are currently employed are able to demonstrate improved work/job prospects or an advancement in career as a result of the training, then you should be eligible.

TO APPLY...



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